

WHAT ARE MY CORE VALUES?



Below are some examples of core values that affect how we serve and influence others. Look at the list, add others as needed, and try to decide your top four.

Core Values			
Balance	Courage	Dignity	Duty
Effectiveness	Equality	Excellence	Faith
Faithfulness	Flexibility	Freedom	Humor
Integrity	Honesty	Honor	Hope
Humility	Inner Peace	Joy	Justice
Kindness	Love	Loyalty	Perseverance
Positive Attitude	Relationships	Respect	Safety
Service	Trust	Truth	Wholeness

My top four core values are:

1. _____
2. _____
3. _____
4. _____

QUESTION

 *Why don't you ask some people close to you to identify what they think is really important to you based on how they see you live?* 

for REFLECTION

When we are not clear about our values or when our actions contradict our stated beliefs, we short-change ourselves in the areas of our own credibility, performance, and confidence. We set up an inner conflict within ourselves.